

1 **HOUSE OF REPRESENTATIVES - FLOOR VERSION**

2 STATE OF OKLAHOMA

3 1st Session of the 60th Legislature (2025)

4 COMMITTEE SUBSTITUTE
5 FOR
6 HOUSE BILL NO. 1493

By: Rosecrants of the House

and

Stanley of the Senate

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10 COMMITTEE SUBSTITUTE

11 An Act relating to schools; creating the Growing
12 Minds, Active Kids Act; declaring legislative intent;
13 providing definitions; requiring school districts to
14 incorporate thirty minutes of daily recess for
15 certain grades; encouraging thirty minutes of daily
16 recess for certain grades; establishing daily recess
17 requirements; specifying compliance for students with
18 disabilities; providing an exemption; providing for
19 codification; and declaring an emergency.

20 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

21 SECTION 1. NEW LAW A new section of law to be codified
22 in the Oklahoma Statutes as Section 11-103.9c of Title 70, unless
23 there is created a duplication in numbering, reads as follows:

24 A. This act shall be known and may be cited as the "Growing
Minds, Active Kids Act".

1 B. It is the intention of the Oklahoma State Legislature
2 through this act to focus on daily recess as essential for students
3 as it provides a necessary break from academic work, allowing
4 students to recharge both mentally and physically. Physical
5 activity during recess helps improve focus, reduce stress, and
6 support overall physical health. It also encourages social
7 interaction where children learn important skills like teamwork,
8 conflict resolution, and communication. By giving students adequate
9 time to play and unwind, recess fosters better behavior in the
10 classroom and enhances students' ability to concentrate and learn
11 effectively.

12 C. As used in this section:

13 1. "Daily recess" means a scheduled break or breaks during the
14 school day that will allow students to engage in unstructured free
15 play or physical activity;

16 2. "District board of education" means the governing board of
17 each school district in Oklahoma; and

18 3. "Physical activity" means any bodily movement that uses
19 energy and is produced by skeletal muscles.

20 D. School districts shall incorporate physical activity into
21 the school day by providing at least thirty (30) minutes for daily
22 recess to students in full-day prekindergarten, kindergarten, and
23 grades one through five. For grades six through eight, at least
24 thirty (30) minutes for daily recess is strongly recommended. Each

1 district board of education shall establish the timing of the daily
2 recess. The daily recess required by this subsection may be broken
3 up into segments that best fit the schedules of each school
4 district.

5 1. The daily recess provided for in this section shall be in
6 addition to the weekly sixty (60) minute physical education
7 requirements set forth in subsections B and C of Section 11-103.9 of
8 Title 70 of the Oklahoma Statutes.

9 2. The daily recess shall occur outside the school building
10 unless weather or other conditions require it to occur inside.

11 3. For students with disabilities, the daily recess shall
12 comply with the individualized education program (IEP) or Section
13 504 plan of the student.

14 4. Virtual charter schools shall be exempt from the
15 requirements of this section.

16 SECTION 2. It being immediately necessary for the preservation
17 of the public peace, health or safety, an emergency is hereby
18 declared to exist, by reason whereof this act shall take effect and
19 be in full force from and after its passage and approval.

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21 COMMITTEE REPORT BY: COMMITTEE ON EDUCATION OVERSIGHT, dated
22 02/26/2025 - DO PASS, As Amended.

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