

1 STATE OF OKLAHOMA

2 1st Session of the 58th Legislature (2021)

3 SENATE  
4 RESOLUTION 4

By: Kirt and Garvin

5  
6 AS INTRODUCED

7 A Resolution designating Thursday, Feb. 4, 2021, as  
8 Wear Red Day to increase awareness for the ongoing  
9 fight against heart disease and stroke.

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11 WHEREAS, cardiovascular diseases are the number one killer of  
12 women in the U.S.; and

13 WHEREAS, cardiovascular diseases kill one woman almost every 80  
14 seconds in the U.S.; and

15 WHEREAS, heart disease and stroke can affect all women at any  
16 age, heart attacks are on the rise in younger generations of women,  
17 Gen Z and Millennials are less likely to be aware of knowing the  
18 warning signs of heart attacks and strokes; and

19 WHEREAS, cardiovascular diseases kill 1 in 3 women, but about  
20 eighty percent of cardiac events can be prevented through education  
21 and lifestyle changes; and

22 WHEREAS, the American Heart Association's Go Red for Women  
23 movement motivates women to learn their family history and to meet  
24

1 with a healthcare provider to determine their risk for  
2 cardiovascular disease and stroke; and

3 WHEREAS, as the trusted, passionate and relevant force for  
4 change to eradicate heart disease and stroke in women, the American  
5 Heart Association's Go Red for Women remains steadfast and committed  
6 to meeting the comprehensive health needs of women - at every life  
7 stage.

8 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE 1ST SESSION  
9 OF THE 58TH OKLAHOMA LEGISLATURE:

10 THAT by increasing awareness, speaking out about heart disease,  
11 and empowering women to reduce their risk for cardiovascular  
12 diseases, we can save thousands of lives each year.

13 THAT the Oklahoma State Senate in recognition of the importance  
14 of the ongoing fight against heart disease and stroke does hereby  
15 proclaim Thursday, Feb. 4, 2021, to be Wear Red Day at the Oklahoma  
16 Capitol.

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