

STATE OF OKLAHOMA

2nd Session of the 58th Legislature (2022)

HOUSE
RESOLUTION 1061

By: Munson

AS INTRODUCED

A Resolution proclaiming April 19, 2022, as Wear Red
Day for recognition of cardiovascular disease of
women.

WHEREAS, cardiovascular diseases are the number one killer of
women in the United States; and

WHEREAS, cardiovascular diseases kill one woman almost every 80
seconds in the United States; and

WHEREAS, heart disease and stroke can affect all women at any
age, heart attacks are on the rise in younger generations of women
and Gen Z and Millennials are less likely to be aware of knowing the
warning signs of heart attacks and strokes; and

WHEREAS, cardiovascular diseases kill one in three women, but
about eighty percent (80%) of cardiac events can be prevented
through education and lifestyle changes; and

1 WHEREAS, all women are encouraged to move more, eat smart, and
2 manage blood pressure to reduce their risk of cardiovascular
3 disease; and

4 WHEREAS, the American Heart Association's Go Red for Women
5 movement motivates women to learn their family history and to meet
6 with a health care provider to determine their risk for
7 cardiovascular diseases and stroke; and

8 WHEREAS, as the trusted, passionate, and relevant force for
9 change to eradicate heart disease and stroke in women, the American
10 Heart Association's Go Red for Women remains steadfast and committed
11 to meeting the comprehensive health needs of women - at every life
12 stage; and

13 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES
14 OF THE 2ND SESSION OF THE 58TH OKLAHOMA LEGISLATURE:

15 THAT the Oklahoma House of Representatives, in recognition of
16 the importance of the ongoing fight against heart disease and
17 stroke, do hereby proclaim Tuesday, April 19, 2022, to be WEAR RED
18 DAY.

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20 58-2-11378 KN 04/14/22
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