STATE OF OKLAHOMA

1st Session of the 57th Legislature (2019)

HOUSE BILL 1055 By: McEntire

AS INTRODUCED

An Act relating to opioid drugs; amending Section 5, Chapter 175, O.S.L. 2018 (63 O.S. Supp. 2018, Section 2-309I), which relates to prescription limits and rules for opioid drugs; requiring practitioners to drug-screen patients prior to initial prescription for an opioid drug; defining terms; providing drug testing requirements; providing exceptions; providing for codification; and providing an effective date.

BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

SECTION 1. AMENDATORY Section 5, Chapter 175, O.S.L. 2018 (63 O.S. Supp. 2018, Section 2-309I), is amended to read as follows:

Section 2-309I. A. A practitioner shall not issue an initial prescription for an opioid drug which is a prescription drug in a quantity exceeding a seven-day supply for treatment of acute pain for an adult patient, or a seven-day supply for treatment of acute pain for a patient under the age of eighteen (18) years old. Any prescription for acute pain pursuant to this subsection shall be for the lowest effective dose of immediate-release opioid drug.

B. Prior to issuing an initial prescription of a Schedule II controlled dangerous substance or any opioid drug that is a prescription drug in a course of treatment for acute or chronic pain, a practitioner shall:

1. Take and document the results of a thorough medical history, including the experience of the patient with nonopioid medication and nonpharmacological pain-management approaches and substance abuse history;

2. Conduct, as appropriate, and document the results of a physical examination;

3. Develop a treatment plan with particular attention focused on determining the cause of pain of the patient;

4. Access relevant prescription monitoring information from the central repository pursuant to Section 2-309D of ~~Title 63 of the Oklahoma Statutes~~ this title;

5. Limit the supply of any opioid drug prescribed for acute pain to a duration of no more than seven (7) days as determined by the directed dosage and frequency of dosage;

6. In the case of a patient under the age of eighteen (18) years old, enter into a patient-provider agreement with a parent or guardian of the patient; ~~and~~

7. In the case of a patient who is a pregnant woman, enter into a patient-provider agreement with the patient; and

8. Administer a mandatory drug test to the patient for the presence of prescribed and illicit substances as prescribed in Section 2 of this act.

C. No less than seven (7) days after issuing the initial prescription pursuant to subsection A of this section, the practitioner, after consultation with the patient, may issue a subsequent prescription for the drug to the patient in a quantity not to exceed seven (7) days, provided that:

1. The subsequent prescription would not be deemed an initial prescription under this section;

2. The practitioner determines the prescription is necessary and appropriate to the treatment needs of the patient and documents the rationale for the issuance of the subsequent prescription; and

3. The practitioner determines that issuance of the subsequent prescription does not present an undue risk of abuse, addiction or diversion and documents that determination.

D. Prior to issuing the initial prescription of a Schedule II controlled dangerous substance or any opioid drug that is a prescription drug in a course of treatment for acute or chronic pain and again prior to issuing the third prescription of the course of treatment, a practitioner shall discuss with the patient or the parent or guardian of the patient if the patient is under eighteen (18) years of age and is not an emancipated minor, the risks

associated with the drugs being prescribed, including but not limited to:

1. The risks of addiction and overdose associated with opioid drugs and the dangers of taking opioid drugs with alcohol, benzodiazepines and other central nervous system depressants;

2. The reasons why the prescription is necessary;

3. Alternative treatments that may be available; and

4. Risks associated with the use of the drugs being prescribed, specifically that opioids are highly addictive, even when taken as prescribed, that there is a risk of developing a physical or psychological dependence on the controlled dangerous substance, and that the risks of taking more opioids than prescribed or mixing sedatives, benzodiazepines or alcohol with opioids can result in fatal respiratory depression.

The practitioner shall include a note in the medical record of the patient that the patient or the parent or guardian of the patient, as applicable, has discussed with the practitioner the risks of developing a physical or psychological dependence on the controlled dangerous substance and alternative treatments that may be available. The applicable state licensing board of the practitioner shall develop and make available to practitioners guidelines for the discussion required pursuant to this subsection.

E. At the time of the issuance of the third prescription for a prescription opioid drug, the practitioner shall enter into a pain-management agreement with the patient.

F. When a Schedule II controlled dangerous substance or any prescription opioid drug is continuously prescribed for three (3) months or more for chronic pain, the practitioner shall:

1. Review, at a minimum of every three (3) months, the course of treatment, any new information about the etiology of the pain, and the progress of the patient toward treatment objectives and document the results of that review;

2. Assess the patient prior to every renewal to determine whether the patient is experiencing problems associated with physical and psychological dependence and document the results of that assessment;

3. Periodically make reasonable efforts, unless clinically contraindicated, to either stop the use of the controlled substance, decrease the dosage, try other drugs or treatment modalities in an effort to reduce the potential for abuse or the development of physical or psychological dependence and document with specificity the efforts undertaken;

4. Review the central repository information in accordance with Section 2-309D of ~~Title 63 of the Oklahoma Statutes~~ this title; and

5. Monitor compliance with the pain-management agreement and any recommendations that the patient seek a referral.

G. This section shall not apply to a prescription for a patient who is currently in active treatment for cancer, receiving hospice care from a licensed hospice or palliative care, or is a resident of a long-term care facility, or to any medications that are being prescribed for use in the treatment of substance abuse or opioid dependence.

H. Every policy, contract or plan delivered, issued, executed or renewed in this state, or approved for issuance or renewal in this state by the Insurance Commissioner, and every contract purchased by the Employees Group Insurance Division of the Office of Management and Enterprise Services, on or after the effective date of this act, that provides coverage for prescription drugs subject to a copayment, coinsurance or deductible shall charge a copayment, coinsurance or deductible for an initial prescription of an opioid drug prescribed pursuant to this section that is either:

1. Proportional between the cost sharing for a thirty-day supply and the amount of drugs the patient was prescribed; or

2. Equivalent to the cost sharing for a full thirty-day supply of the opioid drug, provided that no additional cost sharing may be charged for any additional prescriptions for the remainder of the thirty-day supply.

I. Any provider authorized to prescribe opioids shall adopt and maintain a written policy or policies that include execution of a written agreement to engage in an informed consent process between

the prescribing provider and qualifying opioid therapy patient. For the purposes of this section, "qualifying opioid therapy patient" means:

1. A patient requiring opioid treatment for more than three (3) months;

2. A patient who is prescribed benzodiazepines and opioids together; or

3. A patient who is prescribed a dose of opioids that exceeds one hundred (100) morphine equivalent doses.

SECTION 2. NEW LAW A new section of law to be codified in the Oklahoma Statutes as Section 2-309J of Title 63, unless there is created a duplication in numbering, reads as follows:

A. As used in this section:

1. "Baseline test" means the initial assessment through a urine drug test to:

a. identify the possible use or nonuse of nonprescribed drugs or illicit substances prior to prescribing a controlled substance, or

b. confirm the possible use or nonuse of a prescribed drug or drug class;

2. "Chronic pain" means pain that persists for three or more consecutive months and is continuous or episodic, after reasonable medical efforts have been made to relieve the pain or its cause;

3. "Opioid" means any of the following:

a. a preparation or derivative of opium,

b. a synthetic narcotic that has opiate-like effects but is not derived from opium, and

c. a group of naturally occurring peptides that bind at or otherwise influence opiate receptors, including an opioid agonist; and

4. "Periodic test" means a random urine drug test for drugs that are determined medically appropriate for monitoring a patient. This shall include medically appropriate, presumptive and definitive testing.

B. When a Schedule II controlled dangerous substance or any prescription opioid drug is continuously prescribed for three (3) months or more for chronic pain, the practitioner shall:

a. conduct a baseline test to establish a general drug use or nonuse assessment for new patients, monitor adherence to use of existing prescriptions and to detect the use of nonprescribed drugs, and

b. conduct follow-up, periodic tests.

C. This section shall not apply to a prescription drug patient who is currently in active treatment for cancer, receiving hospice care from a licensed hospice or palliative care, or is a resident of a long-term care facility, or to any medications that are being prescribed for use in the treatment of substance abuse or opioid dependence.

SECTION 3. This act shall become effective November 1, 2019.

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