

1 STATE OF OKLAHOMA

2 2nd Session of the 54th Legislature (2014)

3 HOUSE
4 RESOLUTION 1035

By: Denney

5
6 AS INTRODUCED

7 A Resolution proclaiming Wear Red Day in Oklahoma;
8 urging citizens to wear red to commemorate Wear Red
9 Day; and directing distribution.

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11 WHEREAS, heart disease is the number one killer of women in the
12 United States yet is often preventable; and

13 WHEREAS, cardiovascular diseases cause one in three women's
14 deaths each year, killing approximately one woman every minute; and

15 WHEREAS, an estimated 43 million women in the United States are
16 affected by cardiovascular diseases; and

17 WHEREAS, heart disease kills more American women than all forms
18 of cancer combined; and

19 WHEREAS, 90 percent of women have one or more risk factors for
20 developing heart disease, yet only one in five American women
21 believes that heart disease is her greatest health threat; and

22 WHEREAS, women comprise only 24 percent of participants in all
23 heart-related studies; and
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1 WHEREAS, since 1984, more women than men have died each year
2 from heart disease and the gap between men's and women's survival
3 continues to widen; and

4 WHEREAS, women are less likely to call 911 for themselves when
5 experiencing symptoms of a heart attack than they are if someone
6 else is having a heart attack; and

7 WHEREAS, the American Heart Association's Go Red for Women
8 movement has been impacting the health of women for 10 years and
9 more than 627,000 women's lives have been saved and 330 fewer women
10 are dying every day; and

11 WHEREAS, in celebration of the tenth birthday of National Wear
12 Red Day on February 7, 2014, Go Red for Women is asking all women
13 across America to Go Red by wearing red and:

14 1. Get your numbers: Ask your doctor to check your blood
15 pressure and cholesterol;

16 2. Own your lifestyle: Stop smoking, lose weight, exercise and
17 eat healthy;

18 3. Realize your risk: Women think it won't happen, but heart
19 disease is the cause of 1 in 3 female deaths each year;

20 4. Educate your family: Make healthy food choices for you and
21 your family. Teach your kids the importance of staying active; and

22 5. Don't be silent: Tell every woman you know that heart
23 disease is the number-one killer of women. Raise your voice at
24 *GoRedForWomen.org*.

1 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF
2 THE 2ND SESSION OF THE 54TH OKLAHOMA LEGISLATURE:

3 THAT Friday, February 7, 2014, is hereby proclaimed "Wear Red
4 Day" in Oklahoma, in recognition of the importance of the ongoing
5 fight against heart disease and stroke in women.

6 THAT all citizens of this state are urged to show their support
7 for women and the fight against heart disease by wearing red to
8 commemorate Wear Red Day.

9 THAT a copy of this resolution be dispatched to the American
10 Heart Association Southwest Affiliate.

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12 54-2-9724 SD 01/14/14

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