

1 and Safety adopted by the State Department of Education. Each
2 school district may determine which grade level, either grade six,
3 seven, or eight, and by which methods, health education shall be
4 taught. At a minimum, the following ten units, which are
5 incorporated in each textbook from the state-adopted health
6 education textbook list, shall be used to fulfill the requirements:

- 7 1. Physical activity;
- 8 2. Nutrition;
- 9 3. Alcohol, tobacco, and other drugs;
- 10 4. Behavioral health;
- 11 5. Oral health;
- 12 6. Environmental health;
- 13 7. Growth and development;
- 14 8. Injury prevention;
- 15 9. Bullying prevention; and
- 16 10. Wellness.

17 C. Health education instruction shall be provided in a separate
18 semester health education course utilizing curricula from the state-
19 adopted health textbook list. Online instruction shall be
20 encouraged.

21 D. Teachers instructing this course shall be certified by the
22 State Board of Education to teach health education.

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1 E. Any student whose parent or guardian presents to the school
2 principal a signed statement that any of the units identified in
3 subsection B of this section conflict with his or her sincerely held
4 moral or religious beliefs shall be exempt from instruction in that
5 unit or units and no penalties as to credit or graduation shall
6 result therefrom. The school district shall provide prior written
7 notification to the parents or guardians of the right of the student
8 to be exempt from instruction as provided for in this subsection.
9 Each school district shall determine the means of providing written
10 notification to the parents or guardians which will ensure effective
11 notice in an efficient and appropriate manner.

12 F. Local school districts shall be encouraged to work with
13 community-based organizations, including county health departments,
14 local hospitals, county extension offices, and other organizations
15 with proven expertise in the subject areas that provide materials
16 and resources, including personnel, in certain areas of instruction.
17 Any materials and resources provided or used to teach health
18 education shall comply with all requirements of state law. Local
19 school districts shall be required to notify parents or guardians in
20 advance of the names of the community-based organizations under this
21 subsection. Copies of the materials and resources provided by the
22 community-based organizations must be made available to parents or
23 guardians upon request.

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1 SECTION 2. This act shall become effective November 1, 2013.

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3 COMMITTEE REPORT BY: COMMITTEE ON APPROPRIATIONS AND BUDGET, dated
4 03/05/2013 - DO PASS, As Amended and Coauthored.
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