

ENROLLED HOUSE
RESOLUTION NO. 1054

By: Denney

A Resolution relating to health; recognizing the importance of the ongoing fight against heart disease and stroke; proclaiming Thursday, May 7, 2009, to be National Wear Red Day; urging all Oklahoma citizens to commemorate this day by wearing the color red.

WHEREAS, diseases of the heart are the nation's leading cause of death and stroke is the third leading cause of death; and

WHEREAS, cardiovascular disease claims the lives of nearly 455,000 American females each year, approximately one death per minute; and

WHEREAS, each year 53% of all deaths due to cardiovascular disease and 61% of stroke deaths occur in females; and

WHEREAS, in 2008 the direct and indirect cost of cardiovascular diseases in the United States, including stroke, is estimated to be \$475.3 billion; and

WHEREAS, more women die of heart disease, stroke, and all other cardiovascular diseases than the next five leading causes of death combined, including all cancers; and

WHEREAS, only 21% of women consider cardiovascular disease their greatest health risk; and

WHEREAS, Go Red For Women is the American Heart Association's national call to increase awareness about heart disease, the leading cause of death for women, and to inspire women to take charge of their heart health; and

WHEREAS, all women should learn their own personal risk for heart disease, using tools such as the American Heart Association's

Go Red For Women Heart CheckUp and by talking to their health care provider; and

WHEREAS, making the right choices relating to proper nutrition, physical activity, doctor visits, and other lifestyle methods is essential to living a heart-healthy life; and

WHEREAS, by increasing awareness and empowering women to reduce their risk for cardiovascular disease, we can save thousands of lives each year.

NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE 1ST SESSION OF THE 52ND OKLAHOMA LEGISLATURE:

THAT the Oklahoma House of Representatives, in recognition of the importance of the ongoing fight against heart disease and stroke, does hereby proclaim Thursday, May 7, 2009, to be National Wear Red Day in Oklahoma and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by the wearing of the color red.

Adopted by the House of Representatives the 11th day of May, 2009.

Presiding Officer of the House of
Representatives