

1 ENGROSSED SENATE
2 BILL NO. 1876

By: Coates and Johnson
(Constance) of the Senate

3 and

4 Hickman of the House

5
6
7 [schools - physical education curriculum -
8 effective date]
9

10 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

11 SECTION 1. AMENDATORY Section 1, Chapter 29, O.S.L.
12 2005, as last amended by Section 1, Chapter 83, O.S.L. 2009 (70 O.S.
13 Supp. 2009, Section 11-103.9), is amended to read as follows:

14 Section 11-103.9 A. Except as otherwise provided for in this
15 section, the State Board of Education shall require, as a condition
16 of accreditation, that school districts provide to all students
17 physical education programs which may include athletics.

18 B. The Board shall require, as a condition of accreditation,
19 that public elementary schools provide instruction, for students in
20 full-day kindergarten and grades one through five, in physical
21 education or exercise programs for a minimum of an average of sixty
22 (60) minutes each week. The time students participate in recess
23 shall not be counted toward the sixty-minutes-per-week physical
24 education requirement. Schools may exclude from participation in

1 the physical education or exercise programs required in this
2 subsection those students who have been placed into an in-house
3 suspension or detention class or placement or those students who are
4 under an in-school restriction or are subject to an administrative
5 disciplinary action.

6 C. The Board shall require, as a condition of accreditation,
7 that public elementary schools provide to students in full-day
8 kindergarten and grades one through five, in addition to the
9 requirements set forth in subsection B of this section, an average
10 of sixty (60) minutes each week of physical activity, which may
11 include, but not be limited to, physical education, exercise
12 programs, fitness breaks, recess, and classroom activities, and
13 wellness and nutrition education. Each school district board of
14 education shall determine the specific activities and means of
15 compliance with the provisions of this subsection, giving
16 consideration to the recommendations of each school's Healthy and
17 Fit Schools Advisory Committee as submitted to the school principal
18 pursuant to the provisions of Section 24-100a of this title.

19 D. The Board shall disseminate information to each school
20 district on the benefits of physical education programs and shall
21 strongly encourage districts to provide physical education
22 instruction to students in grades six through twelve. The Board
23 shall also strongly encourage school districts to incorporate
24 physical activity into the school day by providing to students in

1 full-day kindergarten and grades one through five at least a twenty-
2 minute daily recess, which shall be in addition to the sixty (60)
3 minutes of physical education as required by subsection B of this
4 section, and by allowing all students brief physical activity breaks
5 throughout the day, physical activity clubs, and special events.

6 E. School districts shall provide to parents or guardians of
7 students a physical activity report. The report shall be provided
8 to parents and guardians at least annually and shall include:

9 1. A summary on how physical activity is being incorporated
10 into the school day;

11 2. A summary of the types of physical activities the students
12 are exposed to in the physical education programs;

13 3. Suggestions on monitoring the physical activity progress of
14 a child and how to encourage regular participation in physical
15 activity; and

16 4. Information on the benefits of physical education and
17 physical activity.

18 F. Instruction in physical education required in this section
19 shall be aligned with the Priority Academic Student Skills as
20 adopted by the Board.

21 G. The physical education curriculum shall be sequential,
22 developmentally appropriate, and designed, implemented, and
23 evaluated to enable students to develop the motor, self-management,
24 and other skills, knowledge, attitudes, and confidence necessary to

1 participate in physical activity throughout life. Each school
2 district shall establish specific objectives and goals the district
3 intends to accomplish through the physical education curriculum.

4 H. In identifying the essential knowledge and skills, the State
5 Board of Education shall ensure that the Priority Academic Student
6 Skills for physical education:

7 1. Emphasizes the knowledge and skills capable of being used
8 during a lifetime of regular physical activity;

9 2. Is consistent with national physical education standards
10 for:

11 a. the information that students should learn about
12 physical activity, and

13 b. the physical activities that students should be able
14 to perform;

15 3. Requires that, on a weekly basis, at least fifty percent
16 (50%) of the physical education class be used for actual student
17 physical activity and that the activity be, to the extent
18 practicable, at a moderate or vigorous level;

19 4. Offers students an opportunity to choose among many types of
20 physical activity in which to participate;

21 5. Offers students both cooperative and competitive games;

22 6. Meets the needs of students of all physical ability levels,
23 including students who have a disability, chronic health problem, or
24 other special need that precludes the student from participating in

1 regular physical education instruction but who might be able to
2 participate in physical education that is suitably adapted and, if
3 applicable, included in the student's individualized education
4 program;

5 7. Takes into account the effect that gender and cultural
6 differences might have on the degree of student interest in physical
7 activity or on the types of physical activity in which a student is
8 interested;

9 8. Teaches self-management and movement skills;

10 9. Teaches cooperation, fair play, and responsible
11 participation in physical activity;

12 10. Promotes student participation in physical activity outside
13 of school; and

14 11. Allows physical education classes to be an enjoyable
15 experience for students.

16 I. The Board shall adopt rules to implement the provisions of
17 this section.

18 SECTION 2. This act shall become effective November 1, 2010.

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