

1 STATE OF OKLAHOMA

2 2nd Session of the 52nd Legislature (2010)

3 COMMITTEE SUBSTITUTE
4 FOR ENGROSSED
5 SENATE BILL NO. 1876

By: Coates and Johnson
(Constance) of the Senate

6 and

7 Hickman of the House

8
9 COMMITTEE SUBSTITUTE

10 An Act relating to schools; amending Section 1,
11 Chapter 29, O.S.L. 2005, as last amended by Section
12 1, Chapter 83, O.S.L. 2009 (70 O.S. Supp. 2009,
13 Section 11-103.9), which relates to physical
14 education programs; specifying certain components to
15 be included in physical education curriculum;
16 requiring State Board of Education to include certain
17 knowledge and skills in Priority Academic Student
18 Skills for physical education; and providing an
19 effective date.

20 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

21 SECTION 1. AMENDATORY Section 1, Chapter 29, O.S.L.
22 2005, as last amended by Section 1, Chapter 83, O.S.L. 2009 (70 O.S.
23 Supp. 2009, Section 11-103.9), is amended to read as follows:

24 Section 11-103.9 A. Except as otherwise provided for in this
section, the State Board of Education shall require, as a condition

1 of accreditation, that school districts provide to all students
2 physical education programs which may include athletics.

3 B. The Board shall require, as a condition of accreditation,
4 that public elementary schools provide instruction, for students in
5 full-day kindergarten and grades one through five, in physical
6 education or exercise programs for a minimum of an average of sixty
7 (60) minutes each week. The time students participate in recess
8 shall not be counted toward the sixty-minutes-per-week physical
9 education requirement. Schools may exclude from participation in
10 the physical education or exercise programs required in this
11 subsection those students who have been placed into an in-house
12 suspension or detention class or placement or those students who are
13 under an in-school restriction or are subject to an administrative
14 disciplinary action.

15 C. The Board shall require, as a condition of accreditation,
16 that public elementary schools provide to students in full-day
17 kindergarten and grades one through five, in addition to the
18 requirements set forth in subsection B of this section, an average
19 of sixty (60) minutes each week of physical activity, which may
20 include, but not be limited to, physical education, exercise
21 programs, fitness breaks, recess, and classroom activities, and
22 wellness and nutrition education. Each school district board of
23 education shall determine the specific activities and means of
24 compliance with the provisions of this subsection, giving

1 consideration to the recommendations of each school's Healthy and
2 Fit Schools Advisory Committee as submitted to the school principal
3 pursuant to the provisions of Section 24-100a of this title.

4 D. The Board shall disseminate information to each school
5 district on the benefits of physical education programs and shall
6 strongly encourage districts to provide physical education
7 instruction to students in grades six through twelve. The Board
8 shall also strongly encourage school districts to incorporate
9 physical activity into the school day by providing to students in
10 full-day kindergarten and grades one through five at least a twenty-
11 minute daily recess, which shall be in addition to the sixty (60)
12 minutes of physical education as required by subsection B of this
13 section, and by allowing all students brief physical activity breaks
14 throughout the day, physical activity clubs, and special events.

15 E. School districts shall provide to parents or guardians of
16 students a physical activity report. The report shall be provided
17 to parents and guardians at least annually and shall include:

- 18 1. A summary on how physical activity is being incorporated
19 into the school day;
- 20 2. A summary of the types of physical activities the students
21 are exposed to in the physical education programs;
- 22 3. Suggestions on monitoring the physical activity progress of
23 a child and how to encourage regular participation in physical
24 activity; and

1 4. Information on the benefits of physical education and
2 physical activity.

3 F. Instruction in physical education required in this section
4 shall be aligned with the Priority Academic Student Skills as
5 adopted by the Board.

6 G. The physical education curriculum shall be sequential,
7 developmentally appropriate, and designed, implemented, and
8 evaluated to enable students to develop the motor, self-management,
9 and other skills, knowledge, attitudes, and confidence necessary to
10 participate in physical activity throughout life. Each school
11 district shall establish specific objectives and goals the district
12 intends to accomplish through the physical education curriculum.

13 H. In identifying the essential knowledge and skills, the State
14 Board of Education shall ensure that the Priority Academic Student
15 Skills for physical education:

16 1. Emphasizes the knowledge and skills capable of being used
17 during a lifetime of regular physical activity;

18 2. Is consistent with national physical education standards
19 for:

20 a. the information that students should learn about
21 physical activity, and

22 b. the physical activities that students should be able
23 to perform;

1 3. Requires that, on a weekly basis, at least fifty percent
2 (50%) of the physical education class be used for actual student
3 physical activity and that the activity be, to the extent
4 practicable, at a moderate or vigorous level;

5 4. Offers students an opportunity to choose among many types of
6 physical activity in which to participate;

7 5. Offers students both cooperative and competitive games;

8 6. Meets the needs of students of all physical ability levels,
9 including students who have a disability, chronic health problem, or
10 other special need that precludes the student from participating in
11 regular physical education instruction but who might be able to
12 participate in physical education that is suitably adapted and, if
13 applicable, included in the student's individualized education
14 program;

15 7. Takes into account the effect that gender and cultural
16 differences might have on the degree of student interest in physical
17 activity or on the types of physical activity in which a student is
18 interested;

19 8. Teaches self-management and movement skills;

20 9. Teaches cooperation, fair play, and responsible
21 participation in physical activity;

22 10. Promotes student participation in physical activity outside
23 of school; and

1 11. Allows physical education classes to be an enjoyable
2 experience for students.

3 I. The Board shall adopt rules to implement the provisions of
4 this section.

5 SECTION 2. This act shall become effective November 1, 2010.

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