

1 STATE OF OKLAHOMA

2 2nd Session of the 51st Legislature (2008)

3 HOUSE BILL 3258

By: Pittman

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5  
6 AS INTRODUCED

7 An Act relating to schools; amending Section 1,  
8 Chapter 29, O.S.L. 2005, as amended by Section 1,  
9 Chapter 258, O.S.L. 2007 (70 O.S. Supp. 2007, Section  
10 11-103.9), which relates to physical education  
11 program requirements; requiring public schools to  
12 provide certain minimum number of minutes per week of  
13 physical activity breaks to certain grades; requiring  
14 public schools to provide certain minimum number of  
15 minutes per week of health education to certain  
16 grades; and providing an effective date.

17 BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

18 SECTION 1. AMENDATORY Section 1, Chapter 29, O.S.L.  
19 2005, as amended by Section 1, Chapter 258, O.S.L. 2007 (70 O.S.  
20 Supp. 2007, Section 11-103.9), is amended to read as follows:

21 Section 11-103.9 A. Beginning with the 2006-2007 school year,  
22 the State Board of Education shall require, as a condition of  
23 accreditation, that school districts provide to all students  
24 physical education programs which may include athletics.

B. Beginning with the ~~2006-2007~~ 2009-2010 school year, the  
Board shall require, as a condition of accreditation, that public

1 elementary schools provide ~~instruction~~, for students in full-day  
2 kindergarten and grades one through five;

3 1. Instruction in physical education or exercise programs for a  
4 minimum of an average of sixty (60) minutes each week;

5 2. Physical activity breaks throughout the day, recess, and  
6 classroom activities for a minimum of an average of thirty (30)  
7 minutes each week; and

8 3. Instruction in health education based on state and national  
9 standards for a minimum of an average of thirty (30) minutes each  
10 week.

11 The time students participate in recess shall not be counted  
12 toward the ~~sixty minutes per week~~ sixty (60) minutes per week of  
13 physical education ~~requirement~~ instruction required pursuant to  
14 paragraph 1 of this subsection.

15 C. The Board shall disseminate information to each school  
16 district on the benefits of physical education programs and shall  
17 strongly encourage districts to provide physical education  
18 instruction to students in grades six through twelve. The Board  
19 shall also strongly encourage school districts to incorporate  
20 physical activity into the school day by providing to students in  
21 full-day kindergarten and grades one through five at least a twenty-  
22 minute daily recess, which shall be in addition to the sixty (60)  
23 minutes of ~~required~~ physical education required pursuant to  
24 paragraph 1 of subsection B of this section, and by allowing all

1 students brief physical activity breaks throughout the day, physical  
2 activity clubs, and special events.

3 D. School districts shall provide to parents or guardians of  
4 students a physical activity report. The report shall be provided  
5 to parents and guardians at least annually and shall include:

6 1. A summary on how physical activity is being incorporated  
7 into the school day;

8 2. A summary of the types of physical activities the students  
9 are exposed to in the physical education programs;

10 3. Suggestions on monitoring the physical activity progress of  
11 a child and how to encourage regular participation in physical  
12 activity; and

13 4. Information on the benefits of physical education and  
14 physical activity.

15 E. Instruction in physical education required in this section  
16 shall be aligned with the Priority Academic Student Skills as  
17 adopted by the Board.

18 F. The Board shall adopt rules to implement the provisions of  
19 this section.

20 SECTION 2. This act shall become effective November 1, 2008.

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