

STATE OF OKLAHOMA

1st Session of the 50th Legislature (2005)

COMMITTEE SUBSTITUTE
FOR
HOUSE BILL NO. 1647

By: Winchester

COMMITTEE SUBSTITUTE

An Act relating to schools; creating the Oklahoma Kids Fitness Challenge Act; requiring the State Board of Education to establish a physical activity program for certain students; authorizing school districts to participate in the program; providing for certain physical activity options for the program; directing the Board to adopt a Walk Across Oklahoma activity plan; stating the plan challenges; providing certain content for the plan; allowing certain exception from requirements; providing for codification; providing an effective date; and declaring an emergency.

BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

SECTION 1. NEW LAW A new section of law to be codified in the Oklahoma Statutes as Section 11-103.9 of Title 70, unless there is created a duplication in numbering, reads as follows:

A. This act shall be known and may be cited as the "Oklahoma Kids Fitness Challenge Act".

B. The State Board of Education shall establish a physical activity program for public school students in the fifth grade, which each school district may elect to implement for the fifth-grade students in that district. The program shall incorporate the fitness challenges adopted by the Presidents Council on Physical Fitness and Sports and may include the following activities:

1. Twenty-five sit-ups in two (2) minutes a minimum of three (3) times per week every week during the school year; or

2. Walk a minimum of twenty-five (25) miles per week every week during the school year.

C. The physical activity program established by the State Board of Education shall also incorporate a "Walk Across Oklahoma" activity plan for school districts. The plan shall establish routes that challenge students to complete virtual walks across the state and at the same time learn facts, geography, and history about various locations in the state. The Board shall work with the Oklahoma Tourism and Recreation Department and the Oklahoma Historical Society in developing the activity plan. The Board shall provide to school districts:

1. Information about public and private resources and options available to school districts to provide pedometers or step-counters to students;

2. Resources for teachers, that shall be available on the State Department of Education web site, which includes but is not limited to:

- a. information about using a pedometer or step-counters,
- b. materials to incorporate the use of pedometers or step-counters into course curriculum,
- c. materials and sources of information relating to facts, geography, and history of the state,
- d. information about recreational areas in the state, and
- e. recreation and health education information; and

3. Ideas of ways to involve parents and guardians in the activity.

D. Each school district shall provide exceptions to the physical activity program implemented by the district for students who are unable to comply due to physical limitations.

SECTION 2. This act shall become effective July 1, 2005.

SECTION 3. It being immediately necessary for the preservation of the public peace, health and safety, an emergency is hereby

declared to exist, by reason whereof this act shall take effect and be in full force from and after its passage and approval.

50-1-6660 KB 02/17/05