

STATE OF OKLAHOMA

2nd Session of the 48th Legislature (2002)

SENATE CONCURRENT  
RESOLUTION 47

By: Muegge

AS INTRODUCED

A Concurrent Resolution relating to legislative findings regarding calcium deficiency; providing for preparation of certain list; and directing distribution.

WHEREAS, there is a clear correlation between calcium deficient diets and many health disorders, including osteoporosis, hypertension, preeclampsia and colon cancer; and

WHEREAS, according to the United States Centers for Disease Control and Prevention, calcium deficient diets have created an epidemic in America. More than fifty percent of today's children cannot or will not get the recommended daily intake of calcium; and

WHEREAS, bones grow and incorporate calcium most rapidly during the teen years, and establish approximately ninety percent of adult bone mass by seventeen years of age, but only thirteen percent of teenage girls get the calcium necessary to build their bones to peak capacity; and

WHEREAS, the National Institute of Child Health and Human Development (NICHD) recognizes inadequate calcium consumption among children and adolescents to be a growing problem and a serious threat to their later health, growth and development; and

WHEREAS, many children do not meet their needs for calcium because calcium foods and beverages are displaced by other foods and beverages, such as sugar sweetened drinks; and

WHEREAS, children can receive a sufficient amount of calcium rich foods and beverages without changing their dietary habits.

NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE 2ND SESSION OF THE 48TH OKLAHOMA LEGISLATURE, THE HOUSE OF REPRESENTATIVES CONCURRING THEREIN:

SECTION 1. That the Oklahoma Legislature finds that calcium deficiency is creating an epidemic among Oklahoma's children. The Legislature hereby encourages Oklahoma's primary and secondary schools to offer students more calcium rich foods and beverages in their lunch and snack programs.

SECTION 2. That a copy of this resolution, along with a list prepared by the State Department of Health of available foods and beverages that are naturally fortified with calcium, be distributed to the head of each school district's nutritional program.

SECTION 3. That the State Department of Health prepare and provide to each school district in this state a list of available foods and beverages that are naturally fortified with calcium.

SECTION 4. That copies of this resolution be distributed to the State Superintendent of Education and the State Commissioner of Health.

48-2-1798

CJ

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